

| Januar 23 | | | Februar 23 | | | März 23 | | |
|-----------|---|------------------|------------|---|------------------|---------|---|------------------|
| 1 | S | Neujahr | 1 | M | | 1 | M | |
| 2 | M | | 2 | D | BIO Dülmen 1-10 | 2 | D | BIO Dülmen 1-10 |
| 3 | D | BIO Olfen | 3 | F | | 3 | F | |
| 4 | M | | 4 | S | | 4 | S | |
| 5 | D | BIO Dülmen 1-10 | 5 | S | | 5 | S | |
| 6 | F | | 6 | M | | 6 | M | 10 |
| 7 | S | | 7 | D | BIO Nottuln | 7 | D | BIO Nottuln |
| 8 | S | | 8 | M | | 8 | M | |
| 9 | M | | 9 | D | BIO Dülmen 11-17 | 9 | D | BIO Dülmen 11-17 |
| 10 | D | BIO Nottuln | 10 | F | BIO Billerbeck | 10 | F | BIO Billerbeck |
| 11 | M | | 11 | S | | 11 | S | |
| 12 | D | BIO Dülmen 11-17 | 12 | S | | 12 | S | |
| 13 | F | BIO Billerbeck | 13 | M | | 13 | M | 11 |
| 14 | S | | 14 | D | BIO Olfen | 14 | D | BIO Olfen |
| 15 | S | | 15 | M | | 15 | M | |
| 16 | M | | 16 | D | BIO Dülmen 1-10 | 16 | D | BIO Dülmen 1-10 |
| 17 | D | BIO Olfen | 17 | F | | 17 | F | |
| 18 | M | | 18 | S | | 18 | S | |
| 19 | D | BIO Dülmen 1-10 | 19 | S | | 19 | S | |
| 20 | F | | 20 | M | | 20 | M | 12 |
| 21 | S | | 21 | D | BIO Nottuln | 21 | D | BIO Nottuln |
| 22 | S | | 22 | M | | 22 | M | |
| 23 | M | | 23 | D | BIO Dülmen 11-17 | 23 | D | BIO Dülmen 11-17 |
| 24 | D | BIO Nottuln | 24 | F | BIO Billerbeck | 24 | F | BIO Billerbeck |
| 25 | M | | 25 | S | | 25 | S | |
| 26 | D | BIO Dülmen 11-17 | 26 | S | | 26 | S | |
| 27 | F | BIO Billerbeck | 27 | M | | 27 | M | 13 |
| 28 | S | | 28 | D | BIO Olfen | 28 | D | BIO Olfen |
| 29 | S | | | | | 29 | M | |
| 30 | M | | | | | 30 | D | BIO Dülmen 1-10 |
| 31 | D | BIO Olfen | | | | 31 | F | |